
情境模拟： Chapter 3 Unit 3 Dialogue 3 as Patient Mr. Andrew

采用教材：《涉外护理英语情境对话》，刘晨，外语教学与研究出版社

Dialogue 3: Bowel Preparation for Colonoscopy

(Patient Mr. Andrew will be having a colonoscopy the next morning. It's about 10:00 am the day before the procedure. RN Tracy comes into Mr. Andrew's room to give instructions regarding bowel preparation.)

Tracy: Hi, Mr. Andrew. You are going to have a colonoscopy tomorrow morning, right?

Mr. Andrew: _____

Tracy: You already signed the consent?

Mr. Andrew: _____

Tracy: All right. And you had clear liquids for breakfast?

Mr. Andrew: _____

Tracy: Perfect, Mr. Andrew. You are going to have clear liquids again for lunch. After that I want you to drink or eat anything for 3 hours. You will start to take Golytely at 4 pm, all right?

Mr. Andrew: _____

Tracy: Yes. After lunch, your stomach needs to be empty for 3 hours before drinking Golytely. Golytely is a solution that will help clean out your bowels.

Mr. Andrew: _____

Tracy: No, it's not an enema. It is a drinking solution that you take orally for bowel cleansing before a colonoscopy.

Mr. Andrew: _____

Tracy: Right. It doesn't taste very pleasant. Do you want me to chill it in the fridge before you drink it?

Mr. Andrew: _____

Tracy: Ok. I'll have the chilled drink ready for you by then.

(At 4 pm in the afternoon, RN Tracy brings Golytely solution to the patient's room.)

Tracy: Hi, Mr. Andrew. Time to drink Golytely.

(RN Tracy puts the 4-liter jug with Golytely solution in on the bedside table.)

Mr. Andrew: _____

Tracy: Yes, you will have to drink all of the liquid to be ready for the rest.

Mr. Andrew: _____

Tracy: Sorry, Mr. Andrew.

Mr. Andrew: _____

Tracy: Great, Mr. Andrew! You use this cup, fill it up with the solution, and drink it up. Every 10 minutes, you repeat this until the bottle is empty.

Mr. Andrew: _____

Tracy: It shouldn't be more than two hours.

Mr. Andrew: _____

Tracy: You can do it, Mr. Andrew. Take a cup now. Let me see how you are going to handle it.

Mr. Andrew: _____

(Andrew fills the cup with Golytely and drinks it.)

Mr. Andrew: _____

Tracy: Good. Just continue drinking it every 10 minutes until the bottle is empty, all right? You may need to go to the bathroom anytime from now on. Loose watery bowel movements will probably start in an hour. Once you finish the Golytely, you can start to drink clear liquids again until midnight.

Mr. Andrew: _____

Tracy: Be very careful when you go to the bathroom. Press the call light if you need help, OK?

Mr. Andrew: _____

Tracy: I'll be back to check on you.

Mr. Andrew: _____

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