
情境模拟： Chapter 3 Unit 1 Dialogue 2 as Mrs. Parker

采用教材：《涉外护理英语情境对话》，刘晨，外语教学与研究出版社

Dialogue 2: Antihypertensive Drug Therapy

(RN Suzie will be administering medications to patient Mrs. Parker, whose prescriptions include several antihypertensive drugs. Mrs. Parker asks RN Suzie questions about the medications, and Suzie goes over the questions with Mrs. Parker.)

Suzie: Hello, Mrs. Parker. I'm going to give you your medications. Let me check your name band, please.

(RN Suzie checks Mrs. Parker's name band.)

Suzie: Lisa Parker, medical record number 33534909... Could you tell me when your birthday is?

Mrs. Parker:

Suzie: All right, Mrs. Parker, since I'm going to give you medications that will help lower your blood pressure, I'm going to take your blood pressure first to make sure it's not low.

Mrs. Parker:

(RN Suzie takes blood pressure for Mrs. Parker.)

Suzie: OK, your blood pressure is 133 over 76. I'm going to give you the medications.

Mrs. Parker:

Suzie: Absolutely.

(RN Suzie opens the package of a medication and gives the pill to Mrs. Parker.)

Mrs. Parker:

Suzie: We call it HCTZ. It's a diuretic drug that will help you pee out the extra fluid in your body.

Mrs. Parker: _____

Suzie: Right. That's correct. You've been taking it for a while.

Mrs. Parker: _____

Suzie: That's a very good question, Mrs. Parker. Not everybody asks questions. They just follow what the doctors say. There are no silly questions about your health concerns.

Mrs. Parker: _____

Suzie: Sure, Mrs. Parker. You know what? Before the urine becomes urine, it is fluid in your blood stream. Your kidneys remove fluid from your blood when they make urine, and the total blood volume decreases. Healthy individuals maintain a normal blood pressure with a normal urine output. But kidneys of people with hypertension tend to make enough urine to decrease the blood volume, and this raises their blood pressure. In that case, the diuretic drugs help you make more urine so the total blood volume gets lower.

Mrs. Parker: _____

Suzie: Correct. HCTZ also lowers your blood pressure by acting directly on blood vessels, lowering their resistance to blood flow.

Mrs. Parker: _____

Suzie: There you go.

(RN Suzie gives another tablet to Mrs. Parker.)

Mrs. Parker: _____

Suzie: This is potassium chloride. You need it because the diuretic drugs wash potassium out of your system and the potassium level becomes low. Your doctor ordered regular blood tests to check your potassium level to see if you need potassium supplements. Potassium is an electrolyte. Doctors may order an electrolyte panel, which gives the potassium level, as well as that of other electrolytes.

Mrs. Parker: _____

Suzie: Yes.

Mrs. Parker: _____

Suzie: Here is another pill for lowering your blood pressure.

Mrs. Parker: _____

Suzie: It's enalapril, which is an ACE inhibitor that lower your blood pressure by blocking the production of an enzyme in your blood that raises your blood pressure.

Mrs. Parker: _____

Suzie: Yes. Since you are taking the blood pressure meds, I want you to be aware that hypotension might be a side effect of these meds. Be very cautious when you rise up from a lying or sitting position, all right?

Mrs. Parker: _____

Suzie: Right.

Mrs. Parker: _____

Suzie: You are welcome.

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